

WMF Women's Retreat Menu 2019

Saturday

9:00am Breakfast

Pancakes

Sausage

Fresh fruit

Juice

12:30pm Lunch

Sandwich bar

Chips

Vegetables

Cookies

6:00pm Supper

Spaghetti (have sauce already made)

Parmesan cheese

Tossed salad & dressing

French bread, butter & garlic

Dessert

Sunday

9:00am Continental Breakfast

Cinnamon rolls/muffins

Cereal/granola

Milk

Yogurt

Fresh fruit

Juice

11:30am Brunch

Eggs for scrambled eggs

Bacon

Continental options