

**Camp Camrec
COVID-19 Safety Plan
Summer 2021**

PHASE 3 Operating Plan – This COVID-19 Safety plan has been developed in accordance with the Phase 3 [Outdoor Recreation Guidance for overnight group summer camps and similar activities](#) that is a part of Governor Jay Inslee’s [Healthy Washington – Roadmap to Recovery plan](#). This plan will be updated as needed.

State Guidance: All camps are required to have COVID Safety Plans, detailing measures specific to the facilities that they operate in, including which onsite staff have medical training, measures that will be taken in the event of a positive case, circumstances that will require medical assistance, and what to do in the event of an outbreak. COVID Safety Plans need to be publicly available for review by campers and their families and local health jurisdictions.

Camp Camrec Response:

COVID-19 Mitigation measures in the Camp Facilities in which we operate:

- All buildings – Maximize air flow, clean air, disinfecting procedures in place.
 - Cabins 1 - 10
 - Lodge
 - Bathhouse
 - Fellowship Hall
- Adaptations will be in place by May 28, 2021.
 - Opening windows, increasing ventilation/air flow. Regular cleaning/disinfecting of HTPs.
 - Air purifiers installed in all buildings
 - Window Screens repaired/replaced on all cabins.
 - Cabin cleaning/disinfecting kits.
- Convert cabin 9 into isolation units for potential COVID+/Symptomatic campers.
- Convert cabin 6 into isolation units for potential COVID+/Symptomatic staff.
- Hand washing stations installed at program areas and outside the lodge.
- Hand Sanitizer will be made available in all cabins, program areas, offices, camp vehicles, restrooms and dining hall.
- Water bottle refill stations will be installed at Lodge and Sports Field.
- COVID-19 testing at camp – We are working with Chelan County Fire District to have a supply of rapid test kits on site and available in the event we have a need to test a camper or staff person on a case by case basis. We will contact the CDHD in the event we have a larger suspected outbreak.

Onsite Staff Medical Training:

- A registered nurse or physician is onsite 24 hours a day during each summer camp session.
- Derrell Ness, Director will be red cross certified by May 28, 2021. Derrell lives onsite year around.

Measures that will be taken in the event of a positive case:

Camrec response:

1. If a participant (camper) displays [symptoms](#), at camp we will do the following:
 - a. Immediately separate the camper from others.
 - i. Campers will isolate in Cabin 9.
 - ii. If multiple campers from the same cohort display symptoms they may isolate in their cabin.
 - b. Immediately notify the camper's family and arrange for the camper to go home.
 - c. Immediately quarantine the other campers that are in the same cohort (cabin group).
 - i. These campers and staff will quarantine at their cabin.
 - ii. The camp nurse will evaluate each camper to check for COVID-19 symptoms.
 - d. In consultation with the camp nurse, state and/or local health authorities, local health care providers, and the camper(s) family, determine if he/she requires testing or further clinical evaluation and, if so, arrange to do so, either in person or virtually.
 - e. If the test is negative and symptoms subside, the camper may be allowed to remain at camp with written permission from the camper's health care provider.
 - f. If there is a confirmed COVID-19 exposure to the campers within a cohort, all of those campers will be sent home to continue to-quarantine until they have met the [CDC criteria](#) to discontinue home isolation/quarantine and have consulted with a health care provider and state or local health department.
2. If a staff member or volunteer displays [symptoms](#) on-site we will do the following:
 - a. Immediately separate staff member from others.
 - i. Camp Staff will isolate in the Cabin 6.
 - b. Immediately quarantine the campers that were a part of this staff's cohort (cabin group).
 - i. Campers will quarantine in Cabin 8.
 - ii. If multiple campers from the same cohort display symptoms they may isolate in their cabin.
 - c. In consultation with the camp nurse, state and/or local health authorities, local health care providers, determine if the staff requires testing or further clinical evaluation and, if so, arrange to do so, either in person or virtually.
 - d. If the test is negative and symptoms subside, the staff may be allowed to remain at camp with written permission from the camper's health care provider.
 - e. If the test is positive or symptoms persist, the staff will be required to isolate until they have met the [CDC criteria](#) to discontinue isolation and have consulted with a health care provider and state or local health department.
 - i. Non local staff will isolate in Cabin 6.
 - ii. Local staff will be sent home to isolate.
 - f. Encourage staff to follow [CDC-recommended steps](#) for what to do if you are sick.
 - g. If there is a confirmed COVID-19 exposure to the campers within a cohort all of those campers will be sent home to continue to quarantine/isolate until they have met the [CDC criteria](#) to discontinue home quarantine/isolation and have consulted with a health care provider and state or local health department.
3. If a participant (camper) tests positive while at a program at Camrec we will do the following:
 - a. Respond with empathy and compassion.
 - b. Immediately separate the camper from others.
 - i. Campers will isolate in the Cabin 9.
 - ii. If multiple campers from the same cohort display symptoms they may isolate

- in their cabin.
 - c. Immediately quarantine the other campers that are in the same cohort (cabin group).
 - i. These campers and staff will quarantine at their cabin.
 - ii. The camp nurse will evaluate each camper and staff to check for COVID-19 symptoms.
 - iii. Immediately notify all of that cohort's campers' families and arrange for immediate pick up from camp.
 - d. Notify the Chelan/Douglas Health District's COVID Critical Response Team for:
 - i. support in containing COVID spread.
 - ii. Additional testing of campers and staff.
 - iii. work with them to determine whether to close or limit access to the facility.
 - iv. Chelan County Fire District #3 may also be a resource to us.
 - e. Care for sick participants following [CDC guidance for caring for others](#) and understand [when to seek medical attention](#).
 - f. Identify what areas of the facility the participant used and, if possible, who they came into contact with during that time.
 - g. While maintaining the confidentiality of the camper in accordance with the [Americans with Disabilities Act \(ADA\)](#), ask other campers, volunteers, and staff who have been in close contact with the sick individual ([within approximately six feet for at least 15 minutes within the 48 hours before the individual displayed symptoms](#)) to do the following:
 - i. If they display symptoms, follow the "Suspected Case" steps outlined in this document for that audience.
 - ii. If they do not display symptoms, ask them to practice social distancing and monitor them for symptoms for 14 days.
- 4. If a staff member reports that they have tested positive while in residence:
 - a. Respond with empathy and compassion.
 - b. Immediately separate staff member from others.
 - i. Camp Staff will isolate in Cabin 6.
 - c. Immediately quarantine the campers that were a part of this staff's cohort (cabin group).
 - i. Campers will quarantine in Cabin 9.
 - ii. If multiple campers from the same cohort display symptoms they may isolate in their cabin.
 - iii. Immediately notify all of that cohort's campers' families and arrange for immediate pick up from camp.
 - d. Staff that live locally may be sent home to recover. We will encourage the staff member to follow [CDC-recommended steps](#) for what to do if you are sick and provide them with information on [when to seek medical attention](#).
 - e. Staff that do not live locally will be isolated Cabin 6 at camp to recover.
 - f. Notify the Chelan/Douglas Health District's COVID Critical Response Team for:
 - i. support in containing COVID spread.
 - ii. Additional testing of campers and staff.
 - iii. work with them to determine whether to close or limit access to the facility.
 - iv. Chelan County Fire District #3 may also be a resource to us.
 - g. While maintaining the confidentiality of the sick staff member in accordance with the [Americans with Disabilities Act \(ADA\)](#), ask campers, volunteers, and other staff who have been in close contact with the sick individual ([within approximately six feet for at least 15 minutes within the 48 hours before the individual displayed symptoms](#)) to do the following:
 - i. If they display symptoms, follow the "Suspected Case" steps outlined in this document for that audience.

- ii. If they do not display symptoms, ask them to separate themselves, self-monitor for symptoms for 14 days, and follow [CDC-recommended steps](#) for what to do if you are sick if symptoms develop
- h. If it has been less than seven days since the sick staff member has been in the facility, close off any areas used for prolonged periods by the individual. Wait 24 hours (or as long as possible if we cannot wait 24 hours) before cleaning and disinfecting [according to CDC guidelines](#) to prevent other individuals from being exposed to respiratory droplets.
- i. We will require that the individual continue to self-isolate until they have met the [CDC criteria](#) to discontinue isolation and have consulted with a health care provider and state or local health department before returning to work.

Circumstances that will require medical assistance:

Camrec Response: We will look for the following emergency warning signs for COVID-19. If someone is showing any of these signs, seek emergency medical care immediately:

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone

We will call 911 or call ahead to our local emergency facility (Cascade Medical Center), notifying the operator that we are seeking care for someone who has or may have COVID-19.

What to do in the event of an outbreak

Camrec Response: In the event of a COVID-19 outbreak meaning ~~the~~ that more than one camper or staff within a single cohort or multiple cohorts is displaying symptoms of or tests positive for COVID-19, we will do the following:

1. Follow the steps outlined above under "Measures that will be taken in the event of a positive case."
2. Immediately notify the Chelan/Douglas Health District's COVID Critical Response Team for:
 - i. support in containing COVID spread.
 - ii. Additional testing of campers and staff.
 - iii. work with them to determine whether to close or limit access to the facility.
 - iv. Chelan County Fire District #3 may also be a resource to us.
3. Notify Glenn Burkholder, Camrec Board Chairperson
4. Notify parents of campers in the affected cohort(s) and arrange for immediate pick up from camp.

COVID Safety Plans need to be publicly available for review by campers and their families and local health jurisdictions.

Camrec Response: Our COVID-19 Safety Plan will be made available on our website by May 1, 2021. This document will also be sent to every parent of a camper in our program, every staff member and volunteer working for us. We will share this document and seek input on it from the following agencies: Chelan/Douglas Health District, Cascade Medical Center, Chelan County Fire District #3.

State Guidance: All campers and staff must do one of the following before arriving at camp: 1) be fully vaccinated, OR 2) receive a negative COVID test no more than three days prior to arrival and remain in quarantine between the test and start of camp. Public health recommends conducting a rapid antigen test of all campers and staff upon arrival if resources permit. Check with local public health to determine if such resources exist. Details on quarantining can be [found at the Department of Health's website](#). Anyone unable to meet one of these two conditions is not allowed to participate in camp. For the purposes of this guidance, people are considered fully vaccinated for COVID-19 ≥ 2 weeks after they have received the second dose in a 2-dose series (Pfizer-BioNTech or Moderna), or ≥ 2 weeks after they have received a single-dose vaccine (Johnson and Johnson (J&J)/Janssen). Verification of vaccination or test results is required.

Camrec Response: We will comply.

1. All staff will be fully vaccinated before their first day of employment and 14 days before on site,
2. We will advise our camper families of the mandate for a negative COVID-19 test no more than three days prior to arrival and remain in quarantine between the test and start of their camp session. No campers will be admitted without proof of this test.

State Guidance: Camps are responsible for locating free COVID testing opportunities for campers who may not otherwise have access.

Camrec Response: We will give parents the following link to testing sites located in Washington State.

<https://www.doh.wa.gov/Emergencies/COVID19/TestingforCOVID19/TestingLocations#region6>

State Guidance: Out-of-state campers should follow [CDC travel guidance](#).

Camrec Response: Yes. We will advise Out-of-state campers that they should also follow CDC travel guidance, in addition to the measure in-state will have to follow.

State Guidance: For overnight camps with multiple sessions of campers per season there must be no overlap of arrivals and departures where mixing of groups/cohorts would occur. Check-in procedures should be structured to minimize interactions between campers, families and others before establishing sleeping cohorts. These should be communicated in advance.

Camrec Response: There is no overlap of camper sessions at our camp. Arrivals and departures will be scheduled and scripted to the best of our ability. We have developed a "kiss and go" version of camper drop off and pick up. This information will be shared with all of our parents well before their arrival at camp.

State Guidance: Camps must not exceed 400 per session individuals including campers, volunteers, and staff. A camp can split up into multiple sub camps of 400 per session or less as long as the sub camps remain completely separate, never mixing camps for eating, sleeping, or any other activities.

Camrec Response: Maximum capacity at our camp is 80 people.

State Guidance: *Camp capacity should be determined by sleeping arrangements, as this is the only extended indoor activity. All campers must have at least 6 feet physical distance from other camper's heads in sleep facilities, such as beds, bunks, cots or tent sleeping areas. Bedding should be arranged head-to-toe. The addition of partitions between beds is not an acceptable substitute for 6 feet of physical distance between head and toe.*

Camrec Response: We will have 6 campers and 2 staff in each of our cabins. Cabins are set up bunk bed style and our standard procedure is to arrange the campers and staff sleeping in each of the cabins "head to toe" with at least 6 feet of spacing between the heads of each sleeping camper and staff.

Two added measures we are taking are:

- Ensure adequate ventilation with a combination of open windows and fans.
- Enhanced DAILY cabin cleaning and disinfecting procedures. All campers and staff will be trained and be responsible for disinfecting their sleeping area. We will supply CDC approved cleaning materials and staff to lead/supervise this activity.

State Guidance: *Each sleeping group occupying a cabin, room, or tent shall be considered a cohort of no more than 16 campers.*

Camrec Response: Each Cabin of 6 campers and their Cabin Leaders will be considered a cohort. Max sleeping cohort size for our camp will not exceed 8 people.

State Guidance: *Sleeping cohorts of no more than 16 (if space permits) can be combined to create consistent daytime activity cohorts of no greater than 16 campers. Cohorts should remain consistent for both daytime activities and sleeping in bunks/cabins/campsites together.*

Camrec Response: We may combine 2 cohorts of campers in similar age groups to create daytime activity cohorts. These combined daytime cohorts will not exceed 16 campers and 2 staff. Combined daytime cohorts will remain the same for the duration of the camp session.

State Guidance: *Facial coverings are required to be worn at all times by all staff and campers, and anyone else present at the camp, except for when eating, drinking, brushing teeth, or sleeping. Exceptions allowed for specific outdoor activities in guidelines such as [sporting activities](#), [outdoor recreation](#) and [water recreation](#).*

Camrec Response: We will follow and enforce these mandates.

State Guidance: *Camps must follow guidelines such as [sporting activities](#), [performing arts](#), [outdoor recreation](#) and [water recreation](#) when campers engage in these activities. No large activities that include multiple 16 camper cohorts or entire camps are allowed indoors. Sedentary outdoor activities e.g., campfires, talent*

shows, etc. must provide a minimum of 6 feet of social distance between "sleeping groups."

Camrec Response: We will follow and enforce these mandates. Specific to Sedentary activities such as Campfires and Chapels. All sleeping groups will at least 6 feet of social distance between groups.

State Guidance: ***All programmed activities are required to occur in outdoor or open-air settings and campers should remain with consistent cohorts.***

Requirements for [open air settings can be found here.](#)

Camrec Response: *All programmed activities will occur in outdoor or open-air settings and campers will remain with consistent cohorts.*

State Guidance: ***It is strongly recommended that all eating occur outdoors. A minimum 6-foot distance is required between cohorts. No sharing of items. Camps must utilize staggered scheduled times for meals and avoid buffet lines and prepare boxed style food and snacks if possible. If indoor eating is necessary due to poor weather indoor eating facilities are limited to 50% capacity with minimum 6 feet distancing required between cohorts and maximized ventilation with all windows and doors open is required.***

Camrec Response: *Our Campers and staff will eat outdoors as conditions allow. Our Lodge dining capacity is 80. At 50% we could seat 40 people in the dining hall. During inclement weather, high winds or at times when mosquitos and yellow jackets are at their peak, we can also seat campers in the Fellowship Hall or have them eat at their cabins. We will utilize boxed lunches to as much extent as it is practical.*

Meal Service Plan: *(note – ALL CAMP STAFF will have current Washington State Food Handler Cards)*

1. *A maximum of 40 people will be allowed to dine in the lodge at any one time.*
 - a. *Cabin groups will eat together at the same table for each meal.*
 - b. *Tables will be spaced at least 6 feet apart from each other.*
 - c. *Doors/windows will be opened to allow for maximum ventilation.*
 - d. *Outside dining will always be available and is preferred as conditions (weather/bugs) allow.*
2. *Meals consumed in/at the dining hall will be served family style. Kitchen staff will bring food to each table where campers and staff will serve themselves.*
3. *One meal per day may be prepared and consumed at the cabins of each cabin group.*
 - a. *Examples of this include brown bag lunches, hotdog roasts, and hobo(foil) dinners.*

State Guidance: ***Frequent cleaning recommended for high-use, high touch areas such as bathroom and sleeping facilities.***

Camrec Response: The cleaning guidelines and procedures for our facility are as follows:

Showers and Bathrooms - Deep Cleaned daily, HTPs cleaned Multiple times daily:

Cabin - Cleaned daily, Deep Cleaned between sessions.

Lodge - Deep cleaned daily, HTPs cleaned multiple times daily.

State Guidance: *Hand sanitizer and handwashing stations must be available to all campers.*

Camrec Response: Hand sanitizer and handwashing stations WILL be available to all campers and Staff.

- Handwashing stations and/or Hand sanitizer Stations will be at each program area.
- Handwashing stations and/or Hand sanitizer stations will be made available in each cabin.

State Guidance: *For ventilation, camps should follow DOH ventilation guidance for common spaces, small group/residential spaces, bathrooms, etc.*

Camrec Response: We will be using fans to supplement ventilation critical areas with poorer ventilation such as:

- Inside Cabin/sleeping areas
- Camp offices
- The Camp Kitchen
- Cabins we've set up as potential quarantine areas.
- Inside restrooms.

All inside spaces that can be will be further ventilated by opening of windows and doors to allow for adequate air exchange, especially after use.

State Guidance: *For transportation to and from camp: Encourage only those in the same household to travel together, and if not in the same household, travel in separate vehicles if possible. For travel groups, (groups that include more than one household in the same vehicle whether in a carpool or on a bus) all members of the travel group, including the driver, must wear a face covering and spread out as much as possible within the vehicle. Encourage family members to sit together. Maximize ventilation in the vehicle by opening windows.*

Camrec Response: We will advise our camper families of this and enforce to the best of our ability.

State Guidance: *For bus or shuttle to or from camp or transportation within camp sessions for activities camps must use [K-12 Bus Transportation guidance on page 12 of this document.](#)*

Camrec Response: For transportation of campers to offsite camp programs (Hiking trips) we will require face coverings and keep windows rolled down. Only cohort/cabin groups will be allowed to travel together.

State Guidance: *Daily symptom screenings are required for campers and staff. Refer to [K-12 Schools guidance](#) for details.*

Camrec Response: AT LEAST once a day, symptom screenings will be conducted and recorded for all campers and staff.

State Guidance: No visitors to camp allowed. Parents or guardians are allowed to enter camp only in the case of medical emergencies or when needed to bring home a camper early.

Camrec Response: We will not allow visitors to camp this summer.

State Guidance: *For overnight camps, counselors and staff are not permitted to leave camp on days or nights off while camp is in session. If staff leave in between sessions, they must either be vaccinated or test on their return. Unvaccinated counselors and staff are not permitted to leave camp on days or nights off. Vaccinated staff may leave the camp on time off as long as camps make them aware of the best practices they can independently follow to mitigate spread during time they spend off camp property.*

Camrec Response: We are planning to require all staff get vaccinated prior to arriving at camp. Staff will be informed and expected to adhere to best practices while away from camp on their day off.

State Guidance: *Extended off-site trips, e.g., backpacking, canoeing, should ensure the same safety protocols are followed as when at camp facility. Vendors who are assisting with these trips must agree to follow all existing protocols.*

Camrec Response: We will follow all protocols for all of our programs – both onsite and offsite. We are not using any outside vendors to assist with trips this summer.